



# Mid America MS Achievement Center News

## MSAC potluck

I am a member of the “Monday Group”, as we are known. There are three groups of MS patients who meet on different days of the week for our therapy in the MS Achievement Center. The Monday group has been attending the achievement center for about six years. We are the middle child. The most recent group is the Tuesday group, who have been meeting for about two years. The Thursday group, who was the first group, must be held responsible or given thanks to, for the idea of getting all three of our groups together so that we could meet.

We decided to get together for a potluck on the Monday before Thanksgiving. This worked great for us Monday people because we have recreational therapy at 11 and lunch at 12 and what would be more recreational than this? Convenient for us too. Several long black tables were moved in and chairs were moved out to accommodate everyone. Name tags were placed around the tables so that we would be encouraged to sit by people from the other groups.

I already knew a few in the Thursday group, like Richard, Jim and Barb, but I was very fortunate to sit by Brad, Thomas, and Deon and his daughter. I had to make the effort to be sure and meet Barbara and Reta from the Tuesday group. Everyone brought wonderful items to eat and the staff served us. I would love to go through what each person brought and how good it was but I’m sure I don’t know all of it well enough to do it properly. I do know that Thomas’s parents were there (lovely people) and his mother made the rolls. Apparently, she worked in the school system so you can imagine how wonderful those were.

The Thursday group, self-described as “the derelicts” had most of their group represented. I know we all had a good time but that we left wanting more. I think this will turn into an annual event. I hope so.

**-Mary Franzke**

